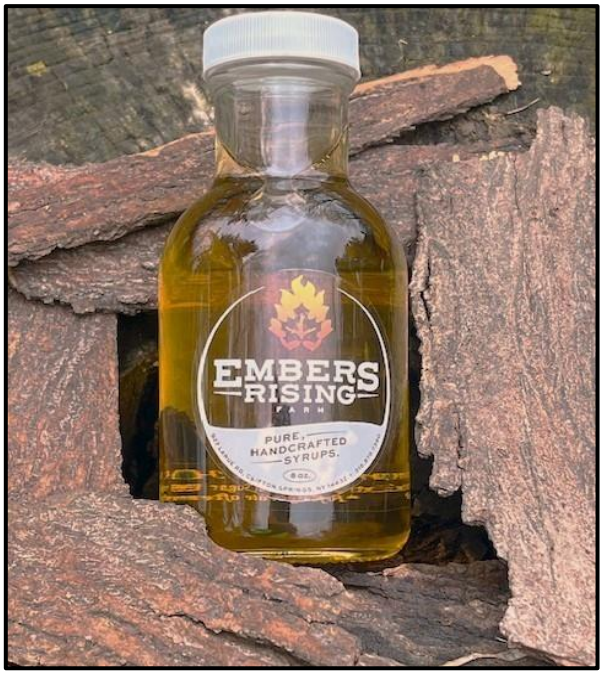
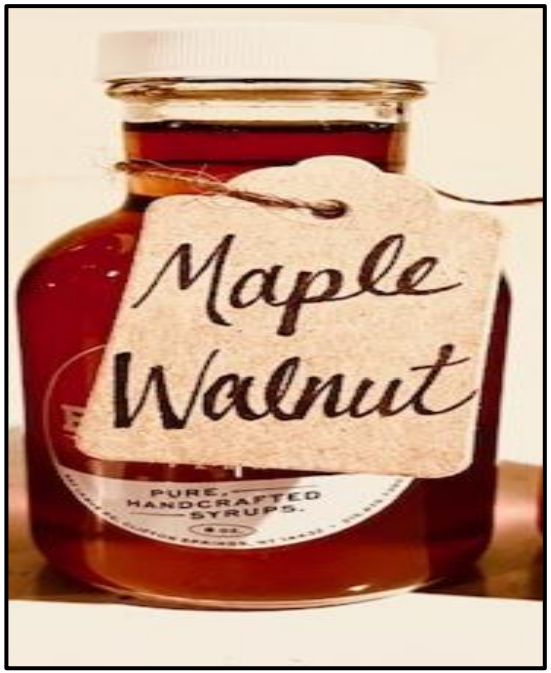
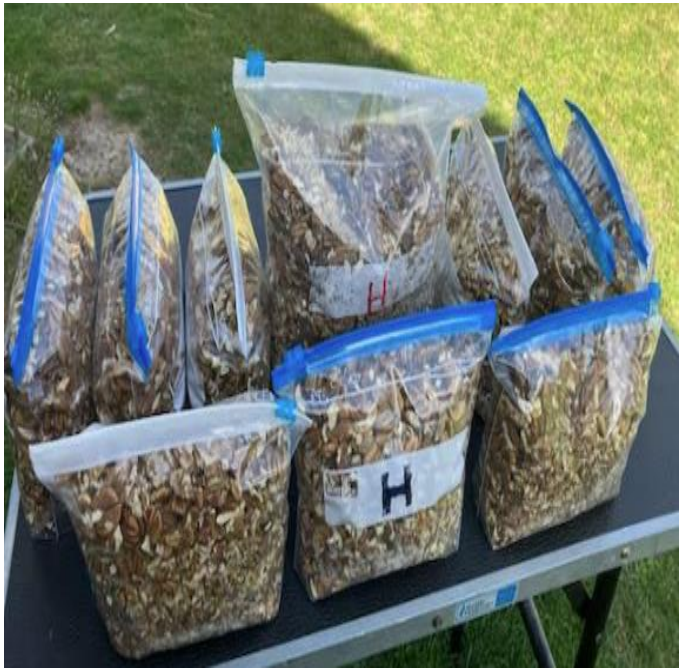
EMBERS RISING FARM





Syrup Beyond Maple

Foraging for Hickory Nuts



Our Farm Produces

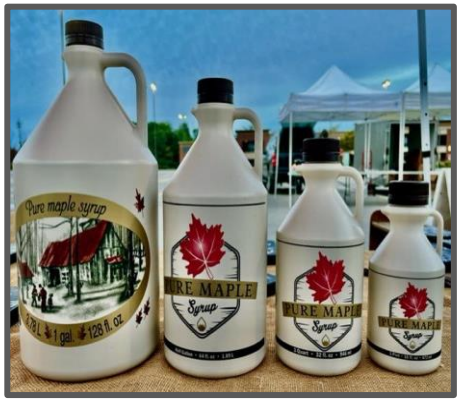
Christmas Trees

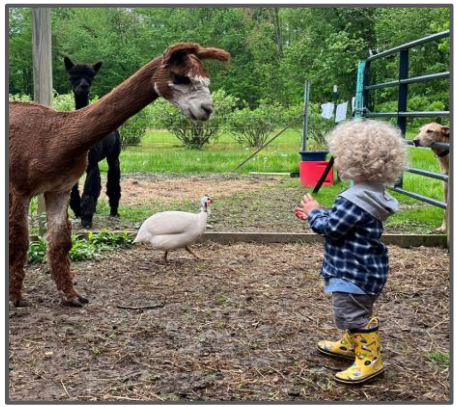
Blueberries

Maple Syrup & Maple Products

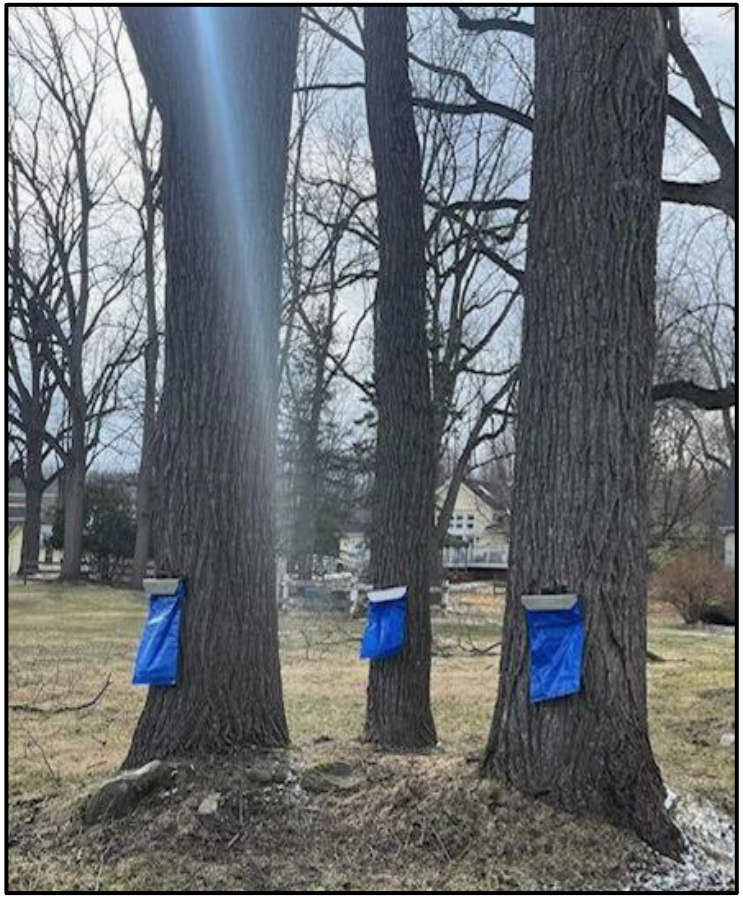
Mushrooms

Alpaca Fiber & Products (December 2024)



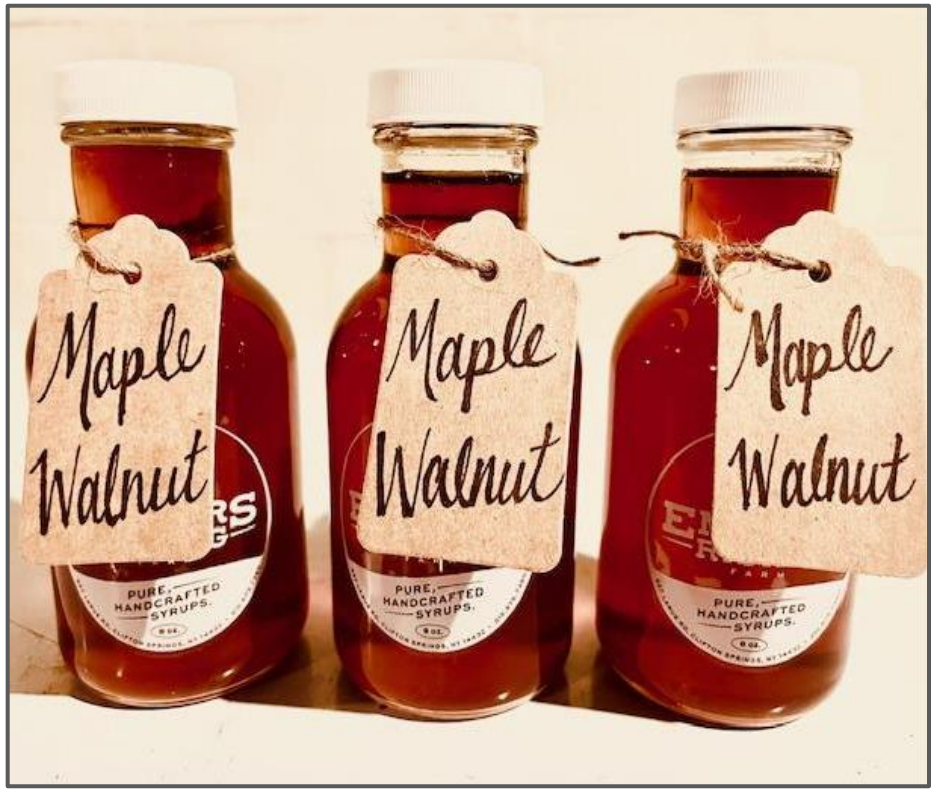


Maple-Walnut Syrup:



- Black Walnut trees can be tapped like maples
- Sugar percentage in sap is comparable to maple sap
- Sap tends to run slower, but the season often goes longer than maples

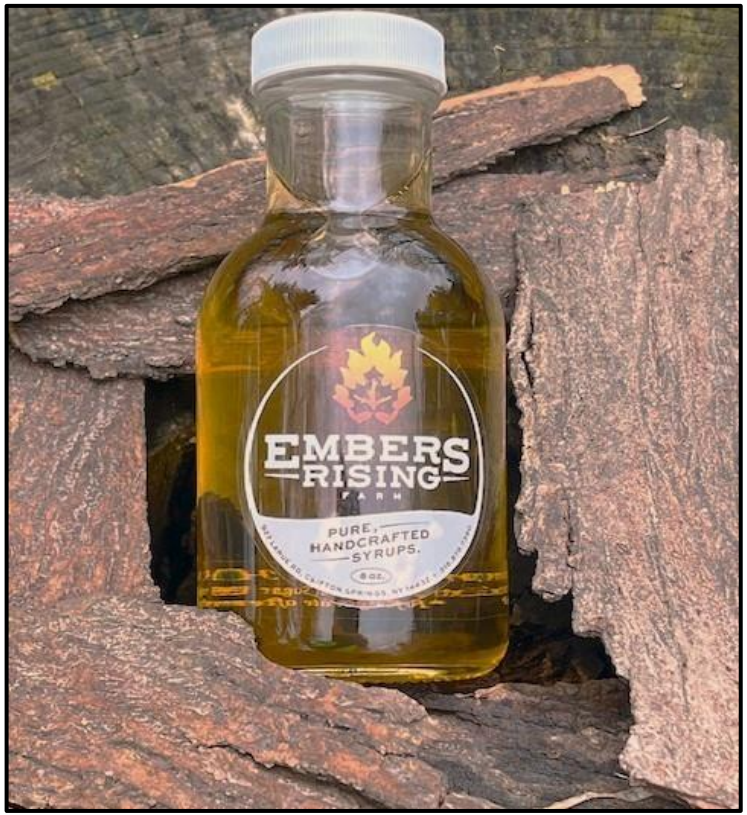
Maple-Walnut Syrup:



- Syrup is an 80/20 blend of maple and walnut sap
- Boils down the same as maple
- Natural pectin makes filtering difficult
- Flavor is maple forward with a butterscotch finish.

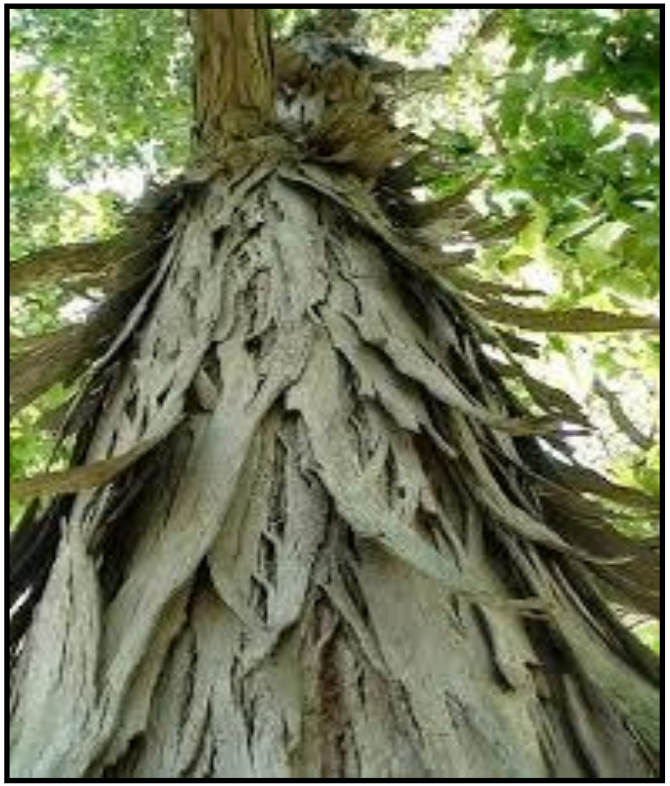
Hickory Syrup!

- Began in 2017 along with the start of maple syrup production on the farm
- Only large scale producer in New York
- One of 7 major producers in the US



So What is this syrup?

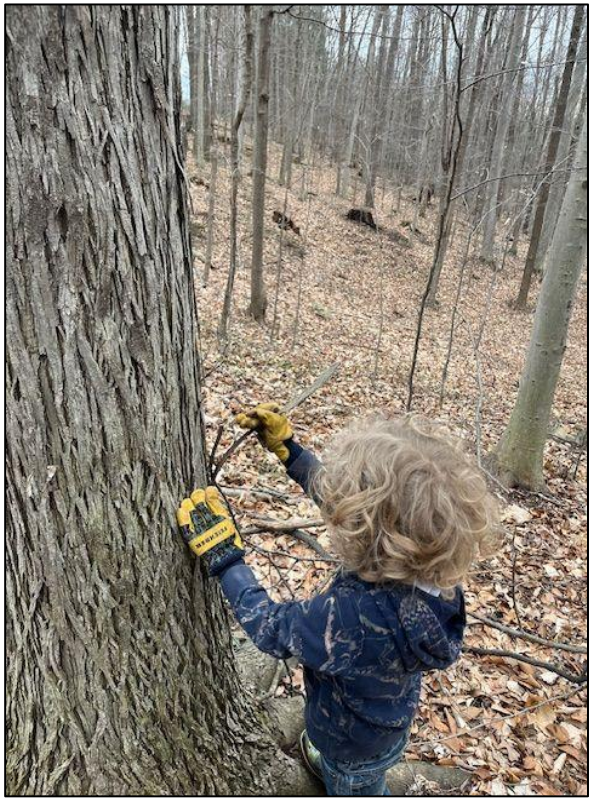
The Shagbark Hickory, *Carya ovata*, is a deciduous, nut-bearing tree native to much of the eastern U.S. The bark of this hickory naturally exfoliates, giving the tree its shaggy appearance, and making the tree quite easy to identify. So what is Hickory Syrup ? Hickory Syrup is almost, but not quite, entirely unlike Maple Syrup. Unlike maple syrup, which is made by boiling down the collected sap of the sugar maple tree, hickory syrup is made by extracting flavor compounds from the bark of the shagbark hickory tree and simmering it to create a syrup.



The Process

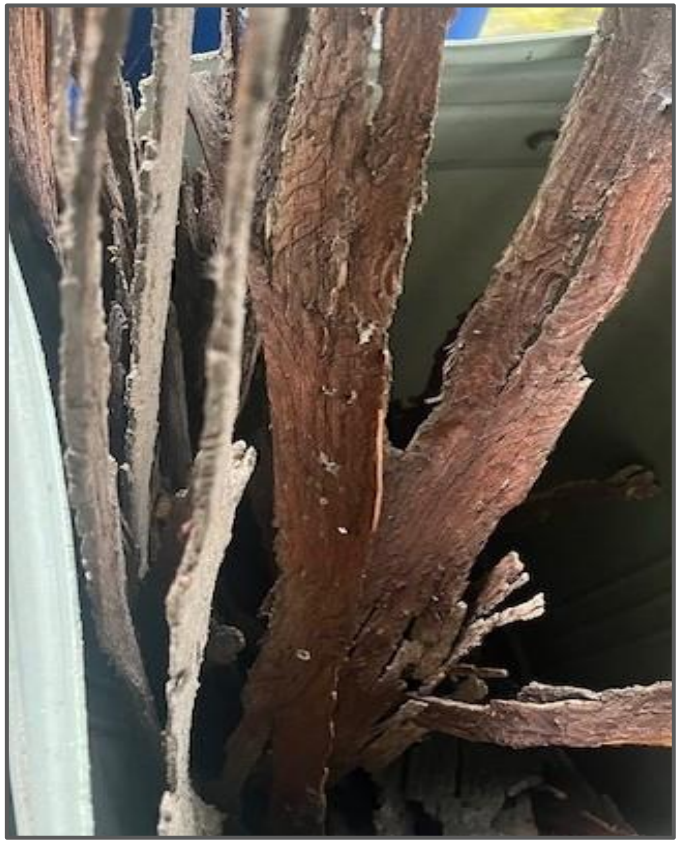
Collection

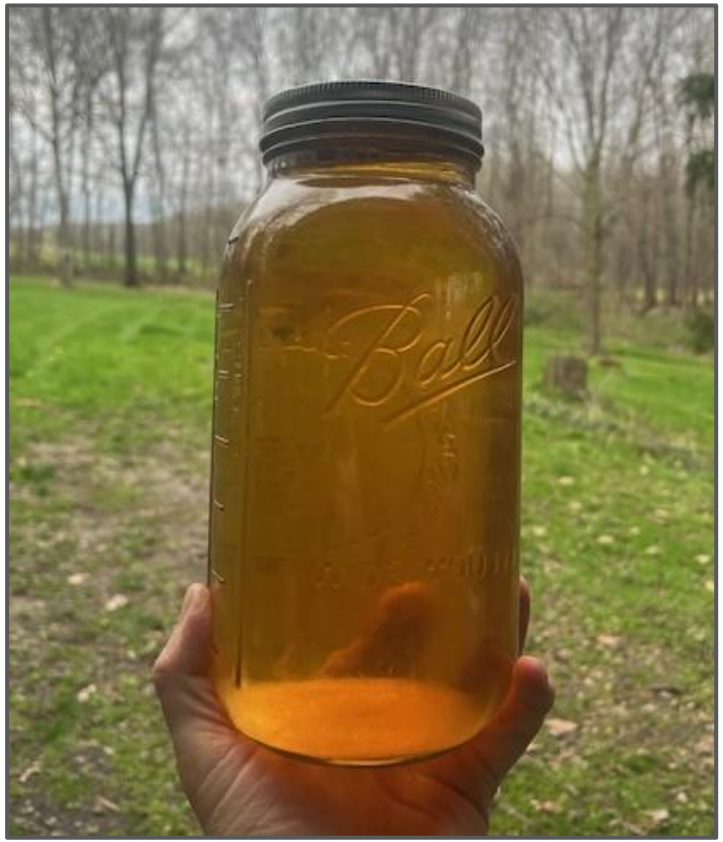
The collection process is non-invasive to the tree, only the outer portion that is peeling away is collected.



The Process

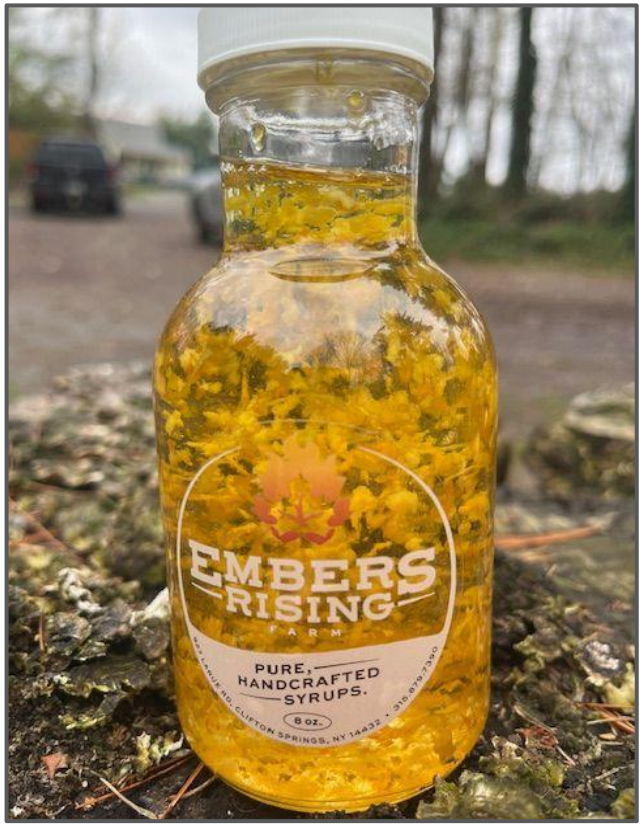
Simmering It Down

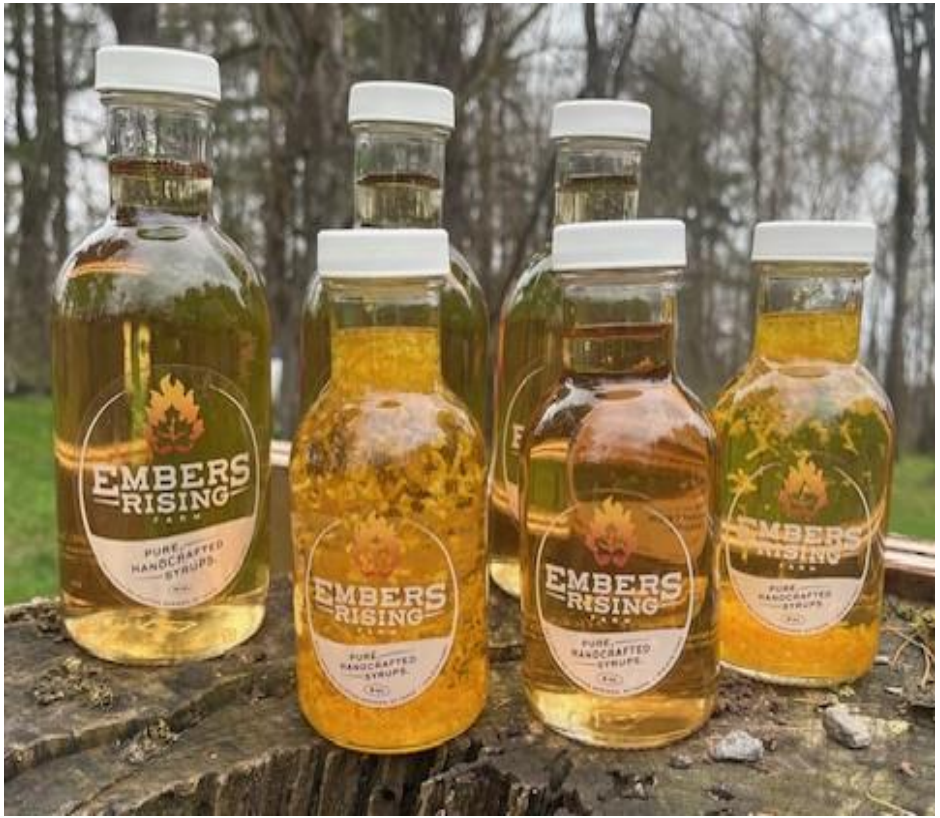




The Process

Bottling





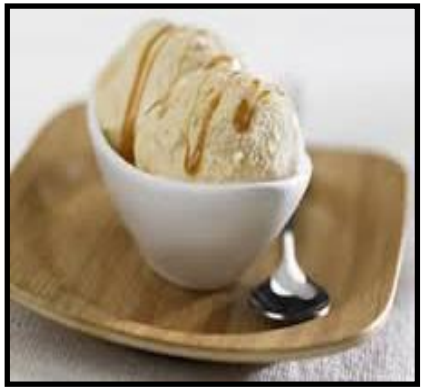
Syrup Uses

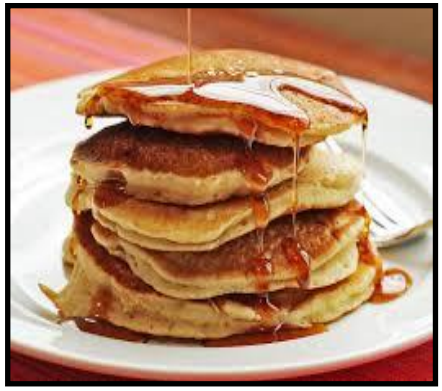
- Use as a glaze for grilled meats and seafood, add to marinades, sauces and salad dressings.

- Mix with seltzer and crushed ice for refreshing spritzers, or use in mix drinks, wine and in brewing beer.

- As a topping for ice cream, cheesecake, shortbreads and many other desserts.

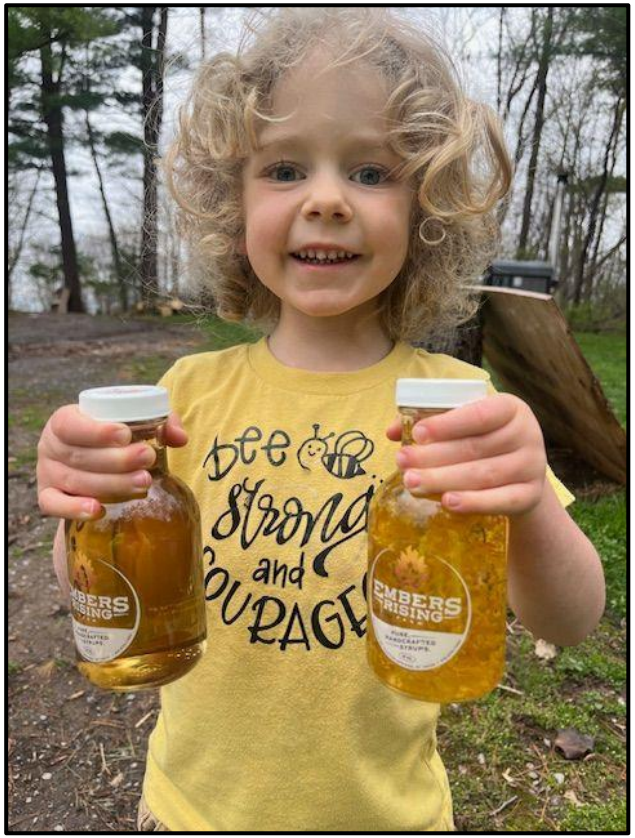
- And of course on pancakes, waffles, french toast, oatmeal and other breakfast foods.





Health Benefits

Hickory bark is one of the highest plant sources of magnesium. Magnesium plays a role in many bodily functions including neurotransmission and muscle contraction, and is important for healthy heart function and in combating muscle pain and fatigue.



QUESTIONS?

(Who would like a sample?)